



سورة الزلزلة - Surah Az Zalzalah

المتدبر الصغير

Young Ponderer

برنامج التربية القرآنية والنبوية

Qur'anic and Prophetic Nurturing Program

دليل المعلمة

TEACHER MANUAL

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لا حول ولا قوة الا بالله

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مركز السلام الإسلامي
Al Salam Islamic Center

مركز السلام الإسلامي

Al Salam Islamic Center

لمحة عن مركز السلام الإسلامي

السلام: اسم من أسماء الله تعالى ومعناه المنزه من النقائص والعيوب وواهب السلام.

الإسلام: دين الله وهو الاستسلام لله وحده والتحرر من عبودية غير الله.

المسلم: من سلم المسلمون من لسانه ويده.

السلام عليكم: تحية الإسلام وهي دعاء للآخر بالسلامة من كل شر ومكروه.

دار السلام: الجنة الدار التي أعدها الله لعباده المؤمنين نعيم دائم أبدي.

Overview of Al Salam Islamic Center

As Salam: is one of the Most Beautiful Names of Allah. He is the One Who is free from all defects and faults and He is the Giver of Peace.

Islam: is to surrender to Allah alone and to free oneself from worshipping other than Allah.

Muslim: the one who others are safe from his tongue and hand.

As Salam Alaykum: this is the greeting of Islam which means "Peace be upon you". It is an invocation for one being greeted to have peace and safety from all evil.

Dar As Salam: the Home of Peace which is the eternal and everlasting paradise Allah has prepared for His believing slaves.

رؤيتنا: والله يدعو إلى دار السلام.

رسالتنا: السعي بإذن الله لنشر السلام في العالم وذلك بغرس معرفة الله ومحبته بين الناس وإعداد القدوة المسلمة الصالحة النافعة وبناء صرح إسلامي لخدمة القرآن الكريم والسنة النبوية.

قيمتنا: السلام، الصدق، المحبة، الإحسان.

أهدافنا:

1. تعريف الناس بهدفهم في الحياة وذلك بمعرفة الله ومحبته للوصول إلى السلام.
2. إقامة دروس إيمانية ومحاضرات علمية وبرامج تربوية عن أسماء الله الحسنى لكافة الأعمار وكيف نعيش مع الله ومع كتاب الله وسنة نبيه صلى الله عليه وسلم.
3. تعزيز الآداب الإسلامية والأخلاق الحميدة من خلال أسماء الله الحسنى وتدبر القرآن الكريم.
4. إصدار كتب، ومناهج ومنشورات تُعنى بالعلم الشرعي عن الله وكتاب الله بصورة سهلة وميسرة للمتعلم والمعلم.
5. بناء صرح لخدمة القرآن الكريم والسنة النبوية الكترونياً وسهولة الوصول للعلم لكافة المستويات ومختلف اللغات.
6. نشر دين الإسلام وتعاليمه بصورة ميسرة ومحبة للنفوس من خلال وسائل الاتصال بمختلف اللغات.

Our vision: “And Allah invites to the Home of Peace (paradise)”.

Our mission: To strive, by the permission of Allah the spreading of peace globally by knowing Allah and loving Him, to be a good, Islamic example that is beneficial to others, and to build an Islamic platform which serves the Noble Qur'an and the Prophetic Sunnah.

Our values: Peace, Truthfulness, Love, Excellence.

Our Goals:

1. To define to the people their goal in life and that is by knowing Allah and loving Him in order to reach peace.
2. To conduct faith-based classes, academic lectures and nurturing programs about the Most Beautiful Names of Allah for all age groups, and to learn how to live with Allah, the Book of Allah and the Way of His Prophet (peace and blessings of Allah be up on him).
3. To instill Islamic manners and praiseworthy qualities through the Most Beautiful Names of Allah and pondering the Noble Qur'an.
4. To produce books, curriculums and publications related to knowledge about Allah and the Book of Allah, displayed in an easy and simple manner for the student and teacher.
5. To build a digital platform which serves the Noble Qur'an and the Prophetic Sunnah by providing easy access of knowledge to all age groups and in different languages.
6. To spread the religion of Islam and its teachings in an easy and loving way to the people through social media and different languages.



برنامج التربية القرآنية والنبوية Qur'anic and Prophetic Nurturing Program

برنامج التربية القرآنية والنبوية

Qur'anic and Prophetic Nurturing Program

ما فكرة برنامج التربية القرآنية والنبوية؟

- اقتباس فكرة البرنامج من القرآن الكريم مَثَل الشجرة الطيبة أصلها الإيمان وفرعها العلم وثمارها الأخلاق الحسنة.
- وهو برنامج يهدف الى ربط الفرد بالقرآن الكريم والسنة النبوية ليكون منهاجا لهم في الحياة ووضع أساس قوي لهم وغرس القيم الاسلامية لبناء مجتمع واثق وفعال.

What is the concept behind the Qur'anic and Prophetic Nurturing Program?

- The concept of the program is to extract nurturing from the Noble Qur'an and Sunnah. Like the good tree, its roots are faith, its branches are knowledge and its fruits are good manners.
- The program aims to connect the individual with the Noble Qur'an and Prophetic Sunnah so that it becomes a way of life for her by placing a strong foundation and instilling Islamic values to build a confident and active society.

ما هدف البرنامج؟

1. معالجة المشاكل والامراض التي يتعرضون لها في الحياة من خلال تدبر القرآن ودراسة السنة النبوية.
2. تطوير مهارات الأفراد ومساعدتهم في ايجاد أنفسهم وهدفهم السامي في الحياة من خلال ربطهم بالله ووضع محبة الله في قلوبهم.

- 3 . حفظهم من المتغيرات والتحديات التي يتعرضون لها والافكار المتطرفة من خلال إظهار سماحة الاسلام.
- 4 . توفير بيئة جذابة ومتميزة وآمنة وفق معايير الأمن والسلامة في الدولة.
- 5 . استخدام الوسائل الحديثة المبتكرة في التربية والتعليم.
- 6 . خلق جو من الايجابية والمرح والألفة.

What are the goals of the program?

1. To treat internal issues and problems which individuals face in their life through pondering the Qur'an and learning the Prophetic Sunnah.
2. To develop the talents of individuals and help them discover themselves and their noble goal in life by connecting them to Allah and placing the love of Allah in their hearts.
3. To protect them from changes and challenges which they face externally, and from extremist views by showing them the tolerance of Islam and its balanced beliefs.
4. To provide an attractive, distinctive, and safe environment.
5. To use modern and innovative methods in nurturing and teaching.
6. To create a positive, enjoyable and comfortable environment.



المتدبر الصغير The Young Ponderer

المتدبر الصغير

The Young Ponderer

لمحة عن برنامج التربية القرآنية والنبوية (المتدبر الصغير):

يطرح مركز السلام الاسلامي برنامج التربية القرآنية والنبوية (المتدبر الصغير) وهو برنامج يهدف الى ربط الجيل الجديد بالقرآن الكريم والسنة النبوية ليكون منهاجا لهم في الحياة.

Overview of the Qur'anic and Prophetic Nurturing Program

(Young Ponderer):

Al Salam Islamic Center offers a unique and distinguished program called the Qur'anic and Prophetic Nurturing Program. It is a program that aims to connect the new generation to the Noble Qur'an and Prophetic Sunnah so that it becomes a way of life for them.

الفئات العمرية:

للأطفال من عمر ست سنوات فما فوق لبناء أساس قوي بغرس القيم الاسلامية واعداد الناشئ المسلم الواثق بدينه و ليكون قدوة حسنة في مجتمعه.

Age group:

Children aged six and older. The goal is to place a strong foundation of Islamic values so the child may be confident of his/her religion and to be a good example in his/her society.

هدف البرنامج:

تربية القدوة الواثقة المتوازنة الفعالة والتي تخدم مجتمعا وبلدها ودينها.

1. اقتباس فكرة البرنامج من القرآن الكريم مَثَل الشجرة الطيبة أصلها إيمان وفرعها العلم وثمارها الأخلاق الحسنة.

2. توفير بيئة جذابة ومتميزة وآمنة وفق معايير الأمن والسلامة في الدولة.
3. استخدام الوسائل الحديثة المبتكرة في التربية والتعليم.
4. خلق جو من الايجابية والمرح وغرس قيمة التسامح بين الطلاب.
5. تعزيز الاخلاق الاسلامية للجيل الجديد.
6. اشاعة جو من اللفة والترابط بين الطلاب.
7. غرس اهمية التلاحم الاسري من خلال أنشطة تساهم في ابراز هذه القيمة.
8. تطوير مهارات الطلاب ومساعدتهم في ايجاد أنفسهم وهدفهم السامي في الحياة من خلال ربطهم بالله ووضع محبة الله في قلوبهم.
9. معالجة المشاكل والامراض التي يتعرض لها الطالب في الحياة من خلال تدبر القران ودراسة السنة النبوية.
10. حفظهم من المتغيرات والتحديات التي يتعرضون لها والافكار المتطرفة من خلال اظهار سماحة الاسلام.

Program objectives:

Nurturing confident, balanced and effective role models that serve their society, country, and religion.

1. Extracting the idea of the program from the Noble Qur'an, like the good tree, its roots are faith, its branches are knowledge and its fruits are good manners.
2. Providing an attractive, distinctive and secure environment.
3. Use of innovative, modern means in nurturing and teaching.
4. Creating a positive and fun atmosphere to place and instil the value of tolerance between the students.
5. Instil Islamic manners in the new generation.
6. Bring forth an air of affinity and connection between the youth.
7. Plant the importance of family bonding through activities which support this value.

8. Develop the students' talents and help them discover themselves and their noble goal in life by connecting them to Allah, and placing the love of Allah in their hearts.
9. Treat internal issues and problems which students face in their life through pondering the Qur'an and learning the Prophetic Sunnah.
10. To protect them from changes and challenges which they face externally, and from extremist views by showing them the tolerance of Islam and its balanced beliefs.

‘The Good Tree’ (الشجرة الطيبة)

أَلَمْ تَرَ كَيْفَ ضَرَبَ اللَّهُ مَثَلًا كَلِمَةً طَيِّبَةً كَشَجَرَةٍ طَيِّبَةٍ
أَصْلُهَا ثَابِتٌ وَفَرْعُهَا فِي السَّمَاءِ ﴿٢٤﴾

See you not how Allah sets forth a parable? A goodly word as a goodly tree, whose root is firmly fixed, and its branches (reach) to the sky (i.e. very high).

تُؤْتِي أَكْلَهَا كُلَّ حِينٍ بِإِذْنِ رَبِّهَا وَيَضْرِبُ اللَّهُ الْأَمْثَالَ لِلنَّاسِ
لَعَلَّهُمْ يَتَذَكَّرُونَ ﴿٢٥﴾

Giving its fruit at all times, by the Leave of its Lord, and Allah sets forth parables for mankind in order that they may remember.

– Surah Ibrahim 24-25



Fruits: Application of the ayat in life and changing for the better. Prevention from sicknesses of the heart and caring with values.



Trunk and Branches: Application of the Qur'an.



Roots: Faith as a result of pondering the Qur'an and knowing Who is Allah.

‘The Good Tree’ (الشجرة الطيبة)

عَنْ جُنْدُبِ بْنِ عَبْدِ اللَّهِ، قَالَ كُنَّا مَعَ النَّبِيِّ ﷺ. صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. وَنَحْنُ
فِتْيَانٌ حَزَاوِرَةٌ فَتَعَلَّمْنَا الْإِيمَانَ قَبْلَ أَنْ تَتَعَلَّمَ الْقُرْآنَ ثُمَّ تَعَلَّمْنَا
الْقُرْآنَ فَازْدَدْنَا بِهِ إِيْمَانًا

سنن ابن ماجه كتاب 1، حديث 64

It was narrated that Jundub bin 'Abdullah said: We were with the Prophet (ﷺ) and we were strong youths, **so we learned faith before we learned Qur'an. Then we learned Qur'an and our faith increased there**

Sunan Ibn Majah Book 1, Hadith 64

Learned Faith (تَعَلَّمْنَا الْإِيمَانَ)

Learned Qur'an (تَعَلَّمْنَا الْقُرْآنَ)

Faith Increased (فَازْدَدْنَا بِهِ إِيْمَانًا)

Good deeds (العمل الصالح)

Good manners (حسن الخلق)

'The Good Tree' (الشجرة الطيبة)



Iman (الإيمان)

Before starting anything, the foundation needs to be correct. Through this program, we hope to interact with the Qur'an from a 'faith' perspective by learning the names of Allah mentioned in the Surah, Pillars of Faith, commands, characteristics of the people, and to live by the ayat being learned. This includes observing, tafseer and taddabur.



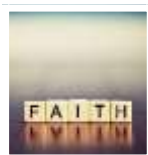
Qur'an (القرآن)

After learning, understanding and pondering over the ayat, the student becomes more proficient in reciting and memorizing the ayat. The goal is to have the ayat imprinted in the heart and not the mind.



Manners (الآداب)

The result of a correct foundation of belief (roots) that's acted upon (trunk and branches) will result in beautiful manners and values (fruits). The 'fruits' of the tree is what will be shown and tasted by others. Throughout this program, manners and values will be emphasized. And any types of 'insects' that can spoil the fruits are highlighted as well in order to keep the good tree intact.



Roots

- Observation (ملاحظة)
- Tafsir (تفسير)
- Taddabur (تدبر)



Trunk & Branches

- Recite (تلاوة)
- Tajweed (تجويد)
- Memorize (حفظ)

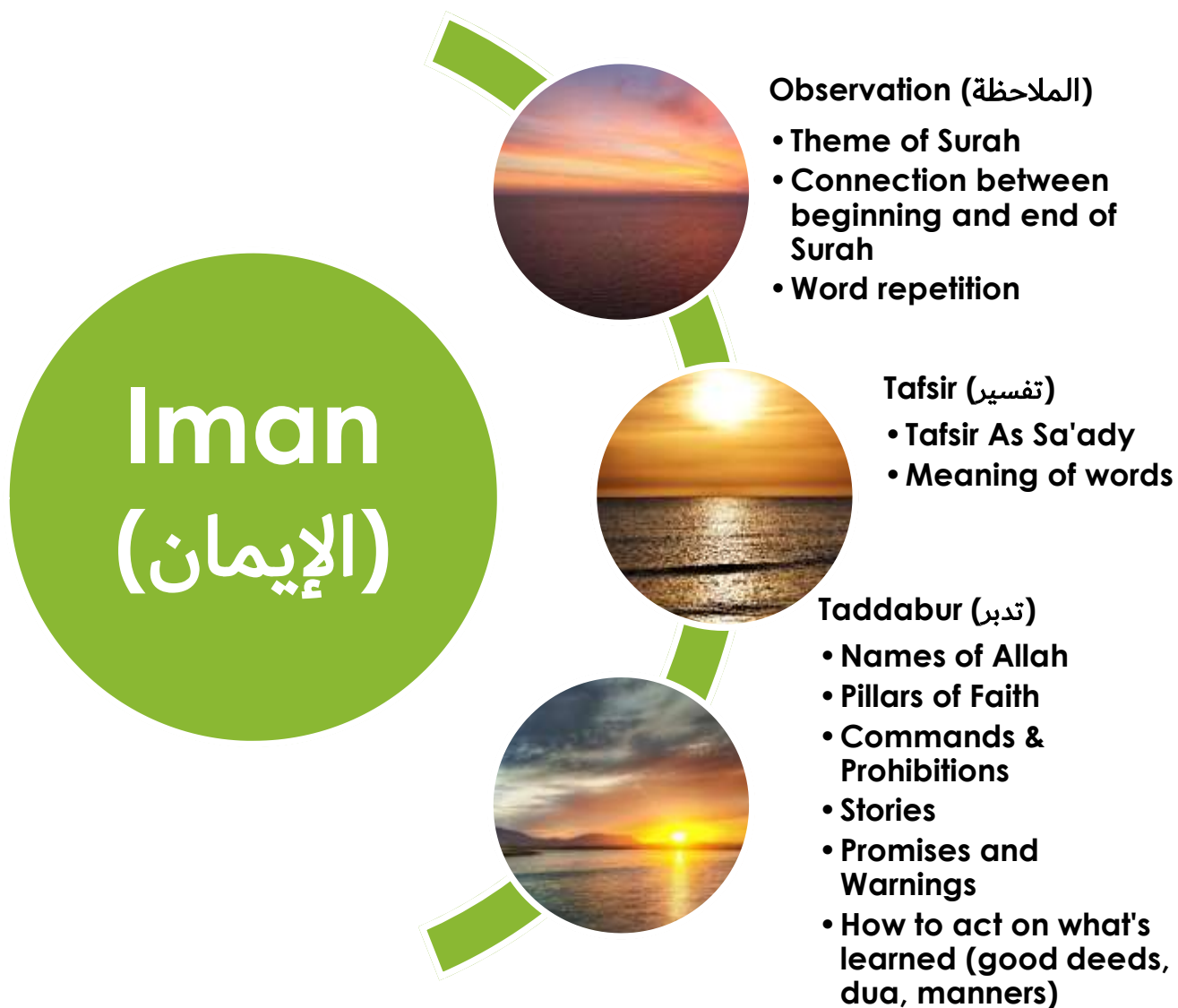


Fruits

- Manners (آداب)
- Values (قيّم)
- Purification (تزكية)

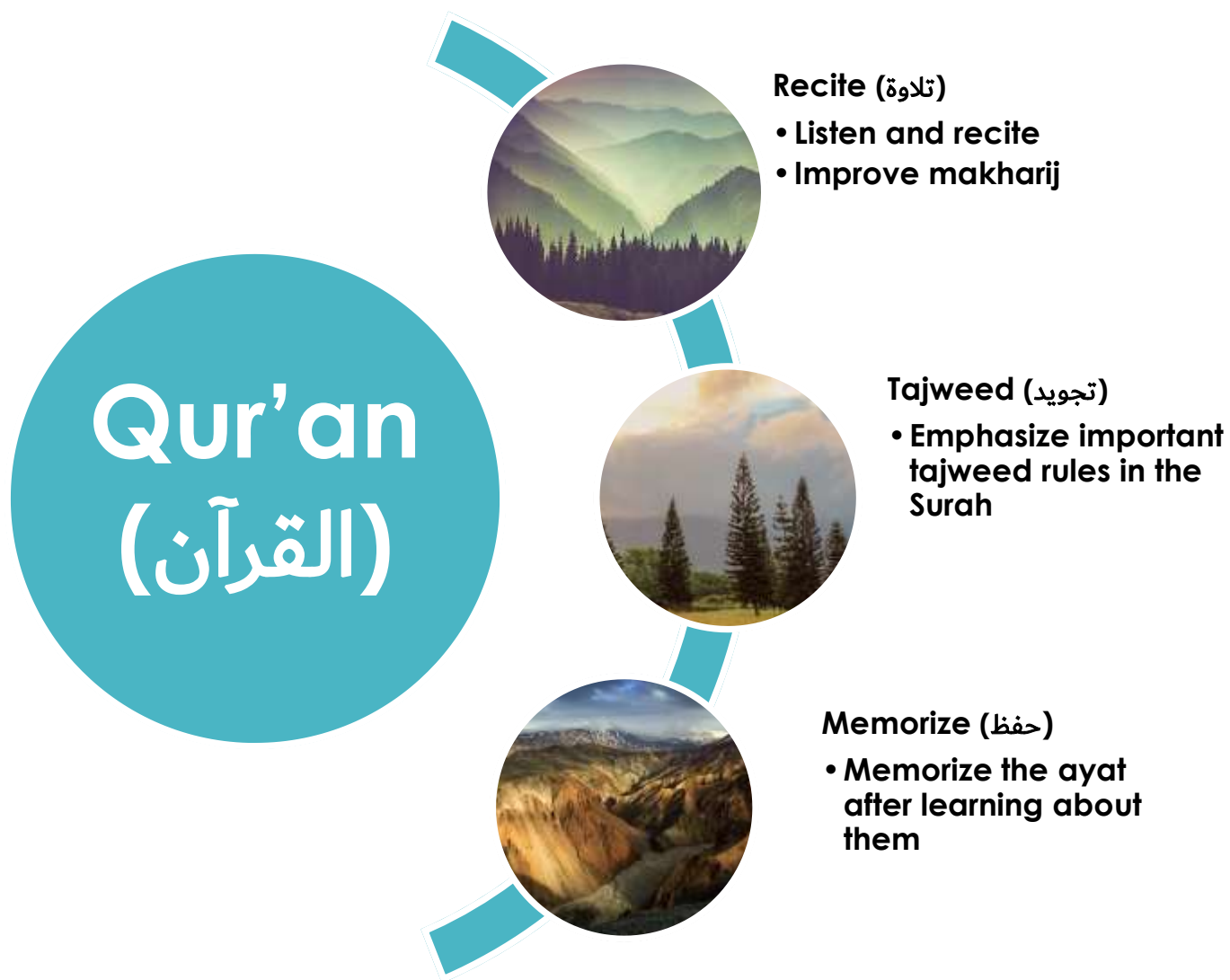


Iman (الإيمان) – Topics Breakdown



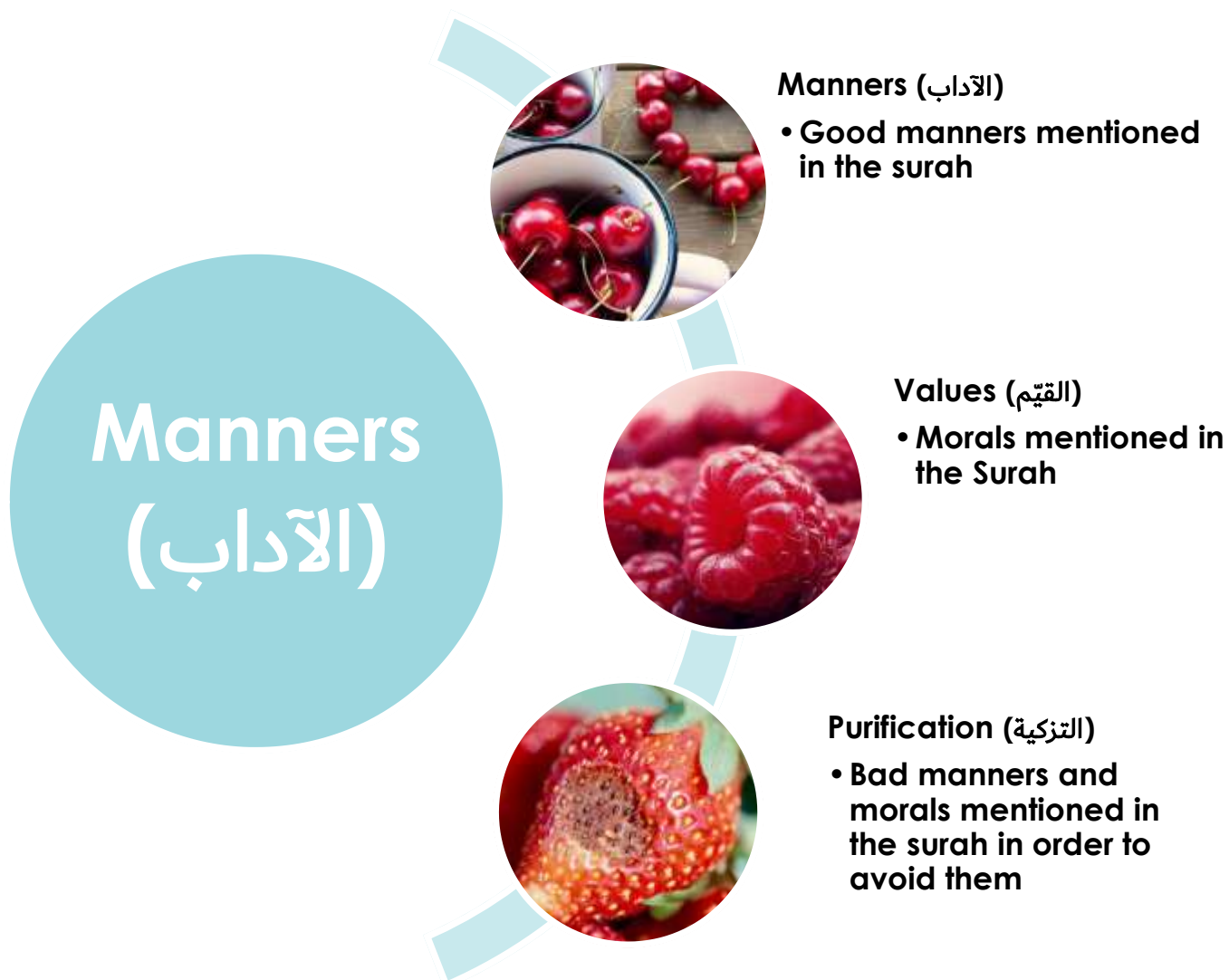


Qur'an (القرآن) –Topics Breakdown





Manners (الآداب) – Topics Breakdown





توجيهات للمعلمات والصف

Teacher and Classroom Guidelines

توجيهات للمعلمات

Teacher Guidelines

هدفنا رضا الله والجنة.

Our goal is Allah's pleasure and His paradise.

(اللهم أعنا على ذكرك وشكرك وحسن عبادتك)

O Allah help us to remember You, be grateful to You and worship You in excellence (with ihsaan).

وعن ابن عمر رضي الله عنهما عن النبي صلى الله عليه وسلم قال: " كلكم راعٍ، وكلكم)
مسئول عن رعيته، والأمير راعٍ، والرجل راعٍ على أهل بيته؛ والمرأة راعية على بيت زوجها وولده، فكلكم
(راعٍ، وكلكم مسئول عن رعيته"

(Ibn 'Umar (May Allah be pleased with them) reported: The Prophet (ﷺ) aid, "All of you are guardians and are responsible for your subjects. The ruler is a guardian of his subjects, the man is a guardian of his family, the woman is a guardian and is responsible for her husband's house and his offspring; and so all of you are guardians and are responsible for your subjects.")

– Riyadh As Saliheen, Al Bukhari & Muslim, Book 1, Hadith 283

تعليم الصغار عن الله ودينه من أعظم أبواب الطاعة الذي فُتح لنا كمعلمات ومتطوعات. فعلينا أن نتذكر أننا محاسبون على كل ما نعلم. هدفنا جميعا يجب أن يكون رضا الله تعالى باتباع منهج السلف الصالح وهو اتباع القرآن والسنة.

Allah has opened a great door of worship to teach children. As a teacher we are accountable for what we teach the children and our goal is to teach what is pleasing to Allah which is according to the Qur'an and the Sunnah.

العلم عن الله ودينه والغيبات أمانة عظيمة. نحن هنا كي نزرع في قلوب هؤلاء الصغار محبة الله وتعظيمه، ومحبة الدين وأركان الإيمان (كالإيمان بالملائكة، والكتب والرسول واليوم الآخر) وتعظيمها.

Teaching about Allah, His religion and the unseen are a great amanah. It is important to teach the children to both love and magnify Allah, and to magnify the pillars of faith such as the angels, books, messengers, Last Day and decree.

لزوم تعظيم الله وكلامه عند استخدام مصادر وطرق التعليم.

When using teaching resources and methods, it is important to maintain the magnification of Allah and His Words, The Qur'an.

(من الأمور المهمة قبل التعليم):

Matters to Consider before Teaching

- استحضار النية لله تعالى.
- Renew the intention and make the heart present that it's being done for Allah.
- احتسب الأجر والمثوبة من الله.
- Hope for the reward from Allah.

أَنَّ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " مَنْ دَعَا إِلَى هُدًى كَانَ لَهُ (*Hadith:* (مِنَ الْأَجْرِ مِثْلُ أُجُورِ مَنْ تَبِعَهُ لَا يَنْقُصُ ذَلِكَ مِنْ أُجُورِهِمْ شَيْئًا

(Abu Huraira reported Allah's Messenger (ﷺ) as saying: He who called (people) to righteousness, there would be reward (assured) for him like the rewards of those who adhered to it, without their rewards being diminished in any respect. - *Sahih Muslim* 2674

- اطلب التوفيق من الله.
- Ask Allah for the tawfeeq and success in what you're doing.

وَمَا تَوْفِيقِي إِلَّا بِاللَّهِ عَلَيْهِ تَوَكَّلْتُ وَإِلَيْهِ أُنِيبُ

And my guidance cannot come except from Allah, in Him I trust and unto Him I repent (Surah Hud 88)

- تَحَلَّ بالأخلاق الحميدة فكن عادلاً مع طلابك، متواضعاً، صبوراً، رقيقاً، لا تغضب ولا تنتقم لنفسك، وتَجَمَّل بالسكينة والوقار.
- Adorn yourself with praiseworthy morals such as being fair with the students, humble, patient, gentle, do not get angry, and be tranquil.
- اغرس القيم الطيبة كالأمانة والصدق والعدل وحسن الخلق والتعاون والوسطية.
- Plant important concepts such as honesty, truthfulness, being fair, good morals, sharing, and moderation in everything.
- عزِّز كلامك بالكلمة الطيبة، عزز كلامك بالثناء والمدح أحياناً، أو بالدعاء والبسمة وبالمكافأة.
- Make your voice clear, do not scream at the children, and adorn your words with praise at times, or make dua for them, smile and reward them when good.
- هيئ الطالب لاستقبال العلم، أي يَهْدُون تماماً قبل بدء الحصة، حتى يجذب انتباههم للدرس.
- Prepare the student to receive the knowledge by ensuring all are quiet and by making them aware this is 'Qur'an time' for example.

(بعض الأمور المهمة أثناء التدريس):

Matters to Consider while Teaching

- تطبق أسماء الله خلال المواقف التي يمرون بها. مثلاً إذا يقول الطفل، 'أنا جائع'، ذكّر الطفل أن أولاً يطلب من الله.
- Names of Allah are to be enforced through situations they go through by reminding them to ask Allah. For example, if a child says, 'I'm hungry'. Tell them, 'ask Allah first to give you food'.
- تكرار السورة خلال الحصة.
- Always repeat the surah that has been taught to the children throughout the day.
- تشجيع الصغار على قول بسم الله عند البدء بالطعام والشراب والحمد لله عند الانتهاء منها، والأكل باليد اليمنى.

- Encourage children to always say 'Bism Allah' (بسم الله) before eating and drinking. To eat and drink with their right hand. To say 'Alhamdulillah' (الحمد لله) after eating and drinking.
- تشجيع الصغار على الصلاة على النبي صلى الله عليه وسلم عند ذكر اسمه في حضورهم.
- Encourage children to say (ﷺ) after the Prophet's name is mentioned.
- تشجيعهم على تحية الإسلام (السلام عليكم ورحمة الله وبركاته) عند مقابلة المسلمين وشكرهم بقول جزاكم الله خيرا.
- Encourage children to say 'assalam alaykum' (السلام عليكم) and 'jazaka Allah khair' (جزاك الله خير) to each other.
- تشجيعهم على الاستماع والتنصت وعدم الانشغال عند قراءة القرآن.
- Encourage children to not speak when the Qur'an is recited but to listen carefully.
- تشجيعهم على سنن الأذان ومنها تكرار ما يقوله المؤذن.
- Encourage children to repeat after the muedhin when adhaan is heard.
- عدم تمثيل أفعال الله وصفاته، مثلا عدم الإشارة الى أعضاء الجسد عند شرح عين الله وساق الله. من المهم شرح صفات الله وأفعاله ولكن الله تعالى ليس كمثله شيء، عين الله ليس كعين أحد، سمع الله ليس كسمع أحد. حتى تخيل الله تعالى من الشيطان فعلينا الاستعاذة والاستغفار في حال خُيل لنا ذلك.
- Avoid explaining attributes or actions of Allah with gestures. For example, Allah has Hands and Eyes, do not show your hands or point to your eyes as a way of explanation. It is important to tell the children 'Allah has Hands but it is not like ours, we cannot imagine how'. We cannot imagine how Allah looks, Exalted is He. It's important to push away these thoughts and say (أعوذ بالله من الشيطان الرجيم) and (أستغفر الله). These thoughts are from the shaitan.
- من عدم التعظيم استخدام أسماء الله وآيات القرآن في التلوين.
- Avoid using the names of Allah or the ayat of the Qur'an or the angels or prophets as a coloring activity since this shows lack of magnification.

- أركان الإيمان يجب أن تُشرح شفويا ولا نستخدم أي صور أو فيديوهات.
- Avoid books or showing cartoons which show images of the prophets, angels or the Last Day. This will disturb their belief in the unseen when they see it as an image. As a teacher, you can tell them about these matters verbally.
- الموسيقى والغناء بكل أشكالها لا يجب أن تستعمل.
- Avoid music and sing along activities
- مكافأة الأطفال عند القيام بعمل جيد. إذا كان الطفل لا يستمع شجعه على الاستماع. لا تستخدم اسم الله حتى يفعل شيئًا، يجب تعظيم اسم الله.
- When a child listens then reward them by saying 'good job, well done, or sticker'. When a child doesn't listen then encourage them to listen and not put them down. Do not use Allah's name or the Prophet's to make the children do or not so something, such as 'Allah will love you when you eat your food', 'Allah does not like those who don't listen'. The name of Allah is to be magnified and not used to make the children listen to you.

نسأل الله أن يهدينا الى ما يحب ويرضى. آمين

May Allah guide us to what He loves and is pleased with. Ameen.

قوانين الصف

1. احترام المعلم، واحترام الطلاب، واحترام الممتلكات.



2. لا يسمح بتصوير أو تسجيل صوت المعلمة والطالبات.



3. يرجى الحضور بانتظام.



4. لا يسمح حجز مقعد لنفسك أو طالبة أخرى.



5. لا تتحدث بينما المعلم يتحدث.



6. يجب على الطلاب رفع أيديهم قبل التحدث.



Classroom Rules



1. Respect, respect, respect. Respect the teacher, respect the students, respect the property.



2. Students are not allowed to photograph or record the teacher or other students.



3. Please come regularly.



4. No seat reservation is allowed for yourself or another student.



5. No talking while the teacher is speaking.



6. Students should raise their hands and wait to be called on before speaking.



سورة الزلزلة

Surah Az Zalzalah

نظرة عامة على الدروس

Lesson Overview

	Lesson الدرس	Ayah آيات
1		Introduction and Observation
2	Ayah 1	إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا
3		Allah's Creation of the Earth
4	Ayah 2	وَأَخْرَجَتِ الْأَرْضُ أَثْقَالَهَا
5	Ayah 3	وَقَالَ الْإِنْسَانُ مَا لَهَا
6	Ayah 4	يَوْمَئِذٍ تُحَدِّثُ أَخْبَارَهَا
7	Ayah 5	بِأَنَّ رَبَّكَ أَوْحَى لَهَا
8	Ayah 6	يَوْمَئِذٍ يَصْدُرُ النَّاسُ أَشْتَاتًا لِّيُرَوْا أَعْمَالَهُمْ
9	Ayah 7	فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ
10		Application of Ayah 7 in class
11	Ayah 8	وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ
12		Application of Ayah 8 in class

13	Summary
14	Recitation Exam

Introduction

Note to Teacher: Allow the students to write down the information in their notebook. Write on the board in a very simple way with one word answers. What's in the manual is explanation for the teacher, but do not write everything for the students.

Name of Surah: سورة الزلزلة

Order in the Qur'an: 99th Surah, there are 114 Surahs in the Qur'an

Number of ayat: 8 ayats

Revealed in: Makkah

Meaning of (الزلزلة): Earthquake which will take place on the
Day of Judgement

Name of Surah: Similar words mentioned in the first ayah

إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا

Observation (الملاحظة)

Note to Teacher: Allow the students to listen to the surah at least three times. Before making them listen, inform them to look out for the below. After each recitation, ask them 'Did you hear Allah's name Ar Rabb?'



Names of Allah (ﷻ):

Name	Meaning	Number of times
الرب	The Lord, Nurturer	1

Repeated similar ayat:

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ ﴿٧﴾
وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ ﴿٨﴾

Note to Teacher: Tell the students the importance of having the names of Allah mentioned. This means we will understand the Surah better when we see which names of Allah are mentioned. So which name was mentioned? Ar Rabb. Don't you want to know the meaning of this names? Yes.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Tafsir (التفسير)

إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا ۝

Word	Meaning
إِذَا	When
زُلْزِلَتِ	shaken
الْأَرْضُ	the earth
زِلْزَالَهَا	its earthquake

When the earth is shaken with its (final) earthquake.

Taddabur (التدبر)

So what do we learn from the ayah?

Note to Teacher: Emphasize 'Belief in Allah and the Last Day' are from the Six Pillars of Iman.

- Where do we live? We all live on the earth. On the earth there are rivers, mountains, seas, deserts, homes, and buildings. We can walk on the earth, we can plant it, we can dig it, we can build on it. There are many things we can do on the earth.
- Now we can walk on the earth, we can run on it, we can skate on it, we can drive on it. There are so many things we can do on this earth. Why? Because Allah made it for us to live in. But will we live here forever? No.
- Allah tells us we will not stay on the earth forever, that's why we believe in the Last Day.
- Allah is telling us what will happen on the Last Day. This means we need to believe in Allah and what He's telling us. We also need to believe there will be a Last Day. What will happen? All of the earth will shake.
- Are we shaking right now? No 'alhamdulillah' we can walk without falling, the buildings are standing.
- Why will there be an earthquake? Because this earth will not stay forever.

How do we act on the ayah?

- Remember to say 'alhamdulillah' that you can walk without falling.
- When something is shaking it can be uncomfortable, so it's important that we don't shake people or disturb them.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا ۝

وعن عبد الله بن عمرو بن العاص رضي الله عنهما عن النبي صلى الله عليه وسلم قال: "يقال لصاحب القرآن: اقرأ وارتقِ ورتل كما كنت ترتل في الدنيا، فإن منزلتك عند آخر آية تقرؤها".

The Prophet (ﷺ) said, "The one who was devoted to the Qur'an will be told on the Day of Resurrection: 'Recite and ascend (in ranks) as you used to recite when you were in the world. Your rank will be at the last Ayah you recite.'"

(Riyadh As Saliheen, Abu Dawud and At- Tirmidhi, Book 9, Hadith 1001)

THE EARTH

Heavier than you can imagine!



6,000,000,000, 000,000,000,000,000
tons

is the mass of the earth calculated by scientists.

Imagine who can shake something so heavy?

Allah Al Qawi – The Most Strong الله القوي

Fastest Roller Coaster that you don't feel! (Earth is on the move)



Even though Earth feels solid beneath us and it might seem like we're motionless, we're actually on a giant sphere of rock, dirt, and water that's constantly spinning around at the same time that it's hurtling through space around the Sun.

How fast does Earth spin?

Earth spins at approximately 1,000 miles per hour. That's fast!

Have you ever ridden a really fast roller coaster? Roller coasters can travel at 100 miles per hour or more. If roller coasters are that fast, can you imagine what it would feel like to feel Earth spin at 1,000 miles per hour? Wow! That's hard to imagine, isn't it?

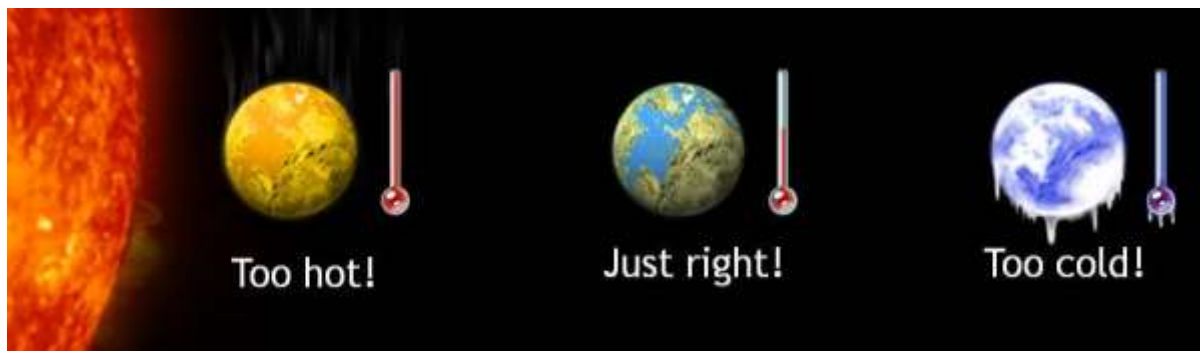
When you're traveling in a car on the highway, you're going the same speed as the car. If the ride is smooth, you can read a book and you don't even sense that you're moving. The only time you notice is when the car speeds up, slows down, or rolls over a

bumpy patch of road. Since Earth doesn't speed up or slow down like a car on a highway, we never notice its spin!

Despite the fast rotation of Earth, we don't feel it. We don't feel Earth's spin because Earth's motion is very smooth.

This is Allah Al Lateef Al Khabeer الله اللطيف الخبير. How gently Allah makes this happen because He knows what is good for His Creation.

Earth is Goldilocks - like “Just Right” position



Alhamdulillah! Earth lies in what is known as the Goldilocks zone: not too cold, so the water isn't all frozen, and not too hot, so the water isn't all vapor.

Allah perfectly planned, Our planet's Goldilocks-like "just right" location in the solar system. Allah Ar Rahman, Allah 'Aleem الله الرحمن الرحيم.

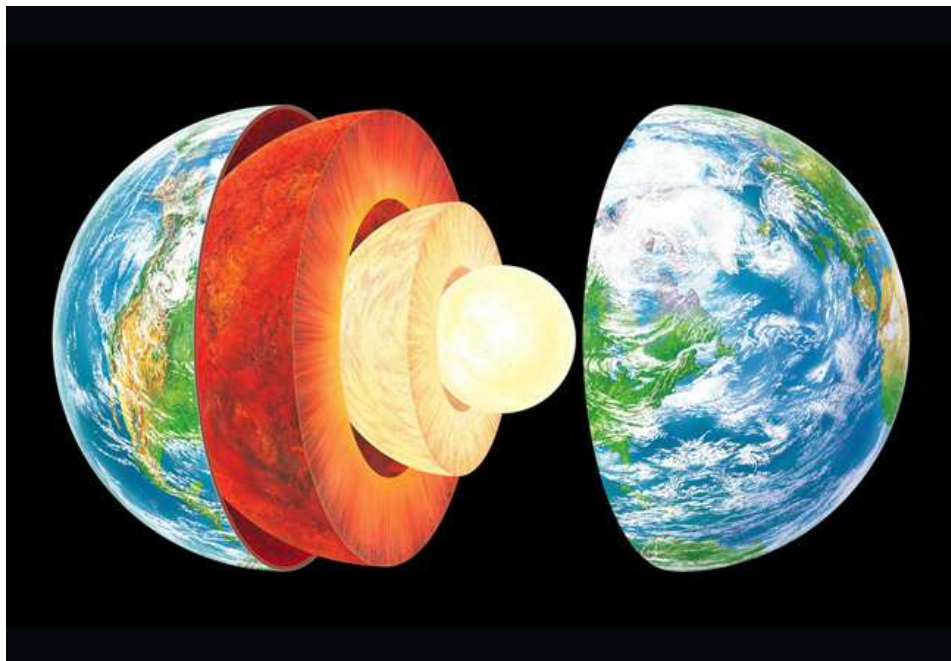
**Both the body we live in and the planet we live in is
70% water**



Can this be random? NOT AT ALL

Human beings cannot survive without water and the percentage of water that Allah has created us with coincides with the percentage of water He provided for us on the earth. Allah Al Qadir Al Qadeer الله القادر القدير.

The core of the earth is made up of Iron

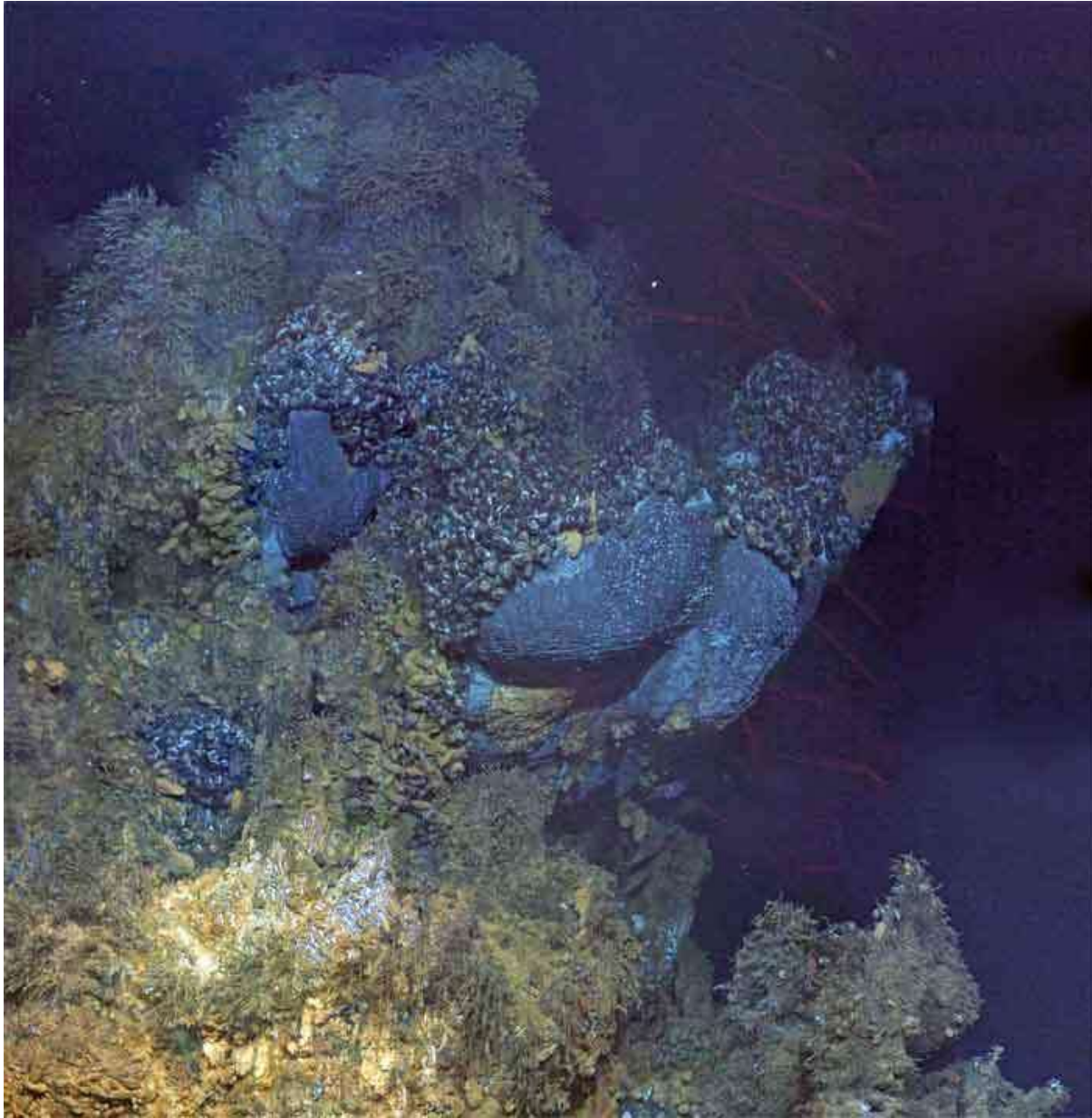


Iron is actually located at the core of the Earth. If you could actually get down and sample the core, it would be 88% iron.

لَقَدْ أَرْسَلْنَا رُسُلَنَا بِالْبَيِّنَاتِ وَأَنْزَلْنَا مَعَهُمُ الْكِتَابَ
وَالْمِيزَانَ لِيَقُومَ النَّاسُ بِالْقِسْطِ وَأَنْزَلْنَا الْحَدِيدَ فِيهِ بَأْسٌ
شَدِيدٌ وَمَنْفَعٌ لِلنَّاسِ وَلِيَعْلَمَ اللَّهُ مَنْ يَنْصُرُهُ وَرُسُلَهُ بِالْغَيْبِ إِنَّ اللَّهَ
قَوِيٌّ عَزِيزٌ ﴿٢٥﴾

Indeed We have sent Our Messengers with clear proofs, and revealed with them the Scripture and the Balance (justice) that mankind may keep up justice. And We brought forth iron wherein is mighty power (in matters of war), as well as many benefits for mankind, that Allah may test who it is that will help Him (His religion), and His Messengers in the unseen. Verily, Allah is All-Strong, All-Mighty.

The planet is filled with riches



The seas of Planet earth are rich, holding more than 20 million tons of gold. Undissolved gold is also tucked away in rocks on the seafloor, and though there's not efficient way of getting at that precious metal, scientists say, if we could extract all of it, each person on Earth could have 9 pounds of the shiny stuff.

Allah Al Ghaniyy. Al Hameed الله الغني الحميد.

Word	Meaning
وَأَخْرَجَتِ	And it will come out from
الْأَرْضُ	the earth
أَثْقَالَهَا	its weight ; everything inside it from the people and treasures

And when the earth throws out its burdens.

Taddabur (التدبر)

So what do we learn from the ayah?

- There are different things inside the earth, such as metals like gold, silver, copper, and iron. There's also springs of water that are below the earth.
- The earth is made up of seven layers. There are things hidden inside the earth which no one knows about except Allah. There are lost treasures below the earth.
- But what's going to happen when the earth shakes?

- Everything that's inside the earth will be taken out. Can anything be hidden from Allah? No. Allah sees everything, even what's under the earth.
- Why will this happen? Because the earth will do whatever Allah tells it.
- Imagine if we lived forever on this earth, how would it be?

How do we act on the ayah?

- Nothing is hidden from Allah, so we need to do good and not do bad because He sees us. We should also be good to the people.
- We should do whatever Allah tells us.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

وَأَخْرَجَتِ الْأَرْضُ أَثْقَالَهَا ۖ

وعن عبد الله بن عمرو بن العاص رضي الله عنهما عن النبي صلى الله عليه وسلم قال: "يقال لصاحب القرآن: اقرأ وارتيق ورتل كما كنت ترتل في الدنيا، فإن منزلتك عند آخر آية تقرؤها".

The Prophet (ﷺ) said, "The one who was devoted to the Qur'an will be told on the Day of Resurrection: 'Recite and ascend (in ranks) as you used to recite when you were in the world. Your rank will be at the last Ayah you recite.'"

(Riyadh As Saliheen, Abu Dawud and At- Tirmidhi, Book 9, Hadith 1001)

Tafsir (التفسير)

وَقَالَ الْإِنْسَانُ مَا لَهَا ۚ

Word	Meaning
وَقَالَ	and he said
الْإِنْسَانُ	the human
مَا لَهَا	what's the matter with it?

And man will say: "What is the matter with it?"

Taddabur (التدبر)

So what do we learn from the ayah?

- Allah will bring us back to life. This is something that will happen in the future. How do we know this? Because Allah tells us the person will speak and he will ask 'what's the matter with the earth?'.

Note to Teacher: Emphasize 'Belief in the Last Day' is one of the Six Pillars of Iman.

- Will the believer be surprised when he sees this happening? No. Why? Because Allah has already told us what will happen and we believe. For example, which is more surprising? If you go inside your room and you find a cupcake, or if your mother tells

you 'when you go inside your room today you will find a cupcake.'

- That's why when learn the Qur'an, Allah tells us about things which will happen in the future. When we're told this information, we should believe it will happen.

How do we act on the ayah?

- We should believe in what Allah tells us.
- When we know what will happen then we will not be surprised.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

وَقَالَ الْإِنْسَانُ مَا لَهَا ۚ

Ghunna
(غنة) 2
counts

وعن عبد الله بن عمرو بن العاص رضي الله عنهما عن النبي صلى الله عليه وسلم قال: "يقال لصاحب القرآن: اقرأ وارتقِ ورتل كما كنت ترتل في الدنيا، فإن منزلتك عند آخر آية تقرؤها".

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Tafsir (التفسير)

يَوْمَئِذٍ تُحَدِّثُ أَخْبَارَهَا ﴿٤﴾

Word	Meaning
يَوْمَئِذٍ	the Day ; referring to the Day of Judgement
تُحَدِّثُ	it will say
أَخْبَارَهَا	its news

That Day it will declare its information (about all that happened over it of good or evil).

Taddabur (التدبر)

So what do we learn from the ayah?

- The earth is like a silent recorder; recording everything we're saying and doing, from good and bad. The earth will speak and say 'so and so did this, so and so did this'. 'So and so went to this place, this person was with this person'.
- But now we can't hear the earth speaking, what would happen if we did? We should be scared and no one would do anything after that.

- But this life is a test, to see who will do good and who will do bad.
- What's the news of the earth? All that's happened on the earth, what's been said on the earth, what's been done on the earth from good and bad. The earth is silent now but on the Day of Judgement it will speak. What are we doing right now? We're learning. All of this the earth will talk about.

How do we act on the ayah?

- We need to be careful and do what's good like praying, Qur'an, helping people, feeding the animals, listening to our parents.
- We shouldn't do bad things or say bad things such as lying or cheating or not helping others or not listening to our parents.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

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Word	Meaning
بِأَنَّ	For verily
رَبَّكَ	your Rabb ; The Reformer, The Nurturer (see next page)
أَوْحَىٰ	inspired ; it's given permission and commanded by Allah
لَهَا	it ; to the earth

Because your Lord will inspire it.

الربّ

Ar Rabb – The Nurturer

Knowledge (علم)

GENERAL NURTURING FOR ALL PEOPLE:

- Who is taking care of you? (الله الربّ)
- Who is the one Who chose where you will be born, on what day, who your parents will be, who your brother and sister will be, where you will live? (الله الربّ)
- Who is taking care of the entire universe and all the people? (الله الربّ)

SPECIAL NURTURING FOR BELIEVERS AND NOT EVERYONE: You want to be special, right? Believe in Allah. The more you believe, the more Allah will take care of you in a special way.

- Who is teaching you the Qur'an? (الله الربّ)
- Who made you Muslim? (الله الربّ)
- Who will take you to Jannah? (الله الربّ)

Action (عمل)

- Be happy that Allah is your Rabb and He's taking care of you.
- When you want something, ask (الله الربّ). Say 'Ya Rabb' take me to jannah.

Taddabur (التدبر)

So what do we learn from the ayah?

- Allah is the Rabb of everything, even the earth. He's taking care of everyone and everything.
- How is Allah Ar Rabb taking care of the earth? He brings down rain from the sky to make the earth moist so it can grow. What happens when it grows?
 - We will have beautiful scenery and beautiful colors.
 - We will have fresh fruits and vegetables to eat
 - The animals will also have fresh fruit and vegetables to eat.
- Allah is also taking care of the earth by having the sun and moon. When there's sun the plants can grow and people can see and do their work. When it's night, then the people can rest.
- Can the earth do anything on its own? No. Nothing happens on this earth except by Allah's permission. Even when we study, sit at our desk and listen – it's all by Allah's permission. He has power over all things.
- What will happen on the Last Day? Allah will give permission to the earth to speak and it will speak. The earth is following Allah's commands.

How do we act on the ayah?

- It's important for us to follow Allah's commands and not disobey Him.
- We should speak when we are given permission to speak. For example, you raise your hand before speaking and the teacher will call on you. When your mother is speaking, you do not speak at the same time, but wait until she is done. We shouldn't interrupt people while they are speaking.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

بِأَنَّ رَبَّكَ أَوْحَىٰ لَهَا ۝

Ghunna

(غنة) 2

counts

وعن عبد الله بن عمرو بن العاص رضي الله عنهما عن النبي صلى الله عليه وسلم قال: "يقال لصاحب القرآن: اقرأ وارتقِ ورتل كما كنت ترتل في الدنيا، فإن منزلتك عند آخر آية تقرؤها".

The Prophet (ﷺ) said, "The one who was devoted to the Qur'an will be told on the Day of Resurrection: 'Recite and ascend (in ranks) as you used to recite when you were in the world. Your rank will be at the last Ayah you recite.'"

(Riyadh As Saliheen, Abu Dawud and At- Tirmidhi, Book 9, Hadith 1001)

Tafsir (التفسير)

يَوْمَئِذٍ يَصْدُرُ النَّاسُ أَشْتَاتًا لِّيُرَوْا أَعْمَالَهُمْ ﴿٦﴾

Word	Meaning
يَوْمَئِذٍ	the Day ; referring to the Day of Judgement
يَصْدُرُ	come forward and be visible
النَّاسُ	the people
أَشْتَاتًا	groups
لِّيُرَوْا	to see
أَعْمَالَهُمْ	their deeds (what they did)

That Day mankind will proceed in scattered groups that they may be shown their deeds.

Taddabur (التدبر)

So what do we learn from the ayah?

- On the Day of Judgement, the people will come out and they will be divided into groups, there are those who believed in Allah and those who didn't.
- In this life, people also get divided into groups, for example you might have different groups in your grade. But on the Day of Judgement, the groups will be based on belief.
- Who's knows who believes and who doesn't? Only Allah because only He knows what's inside our hearts.
- Can we say 'this person believes' or 'this person doesn't'? No we cannot because we cannot see what's inside the hearts, only Allah. Only Allah can judge between the people so only He can separate between them.

Note to Teacher: Tell the students about the Six Pillars of Iman.

- Why will the people be divided into groups? To see what they did. Allah will show us everything we did from good and bad. We might forget what we did but Allah never forgets.
- We will see with our own eyes all that we did. In this life, we get a sample of this when we watch a video of ourselves. We see it with our own eyes what we did and said.

- On the Day of Judgement, all of our life will be on display. Can any video record for 100 years straight? No.

How do we act on the ayah?

- We should believe in Allah and do good deeds.
- We cannot judge the people.
- We should make dua to Allah to make us from the group that wins and not loses.

Note to Teacher: Ask the students, 'who can give me an example of a good deed?'

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

يَوْمَئِذٍ يَصْدُرُ النَّاسُ أَشْتَاتًا لِّيُرَوْا أَعْمَلَهُمْ ﴿٦﴾

Merging
without
Ghunna
(ادغام بغير غنة)
2 counts

Ghunna
(غنة) 2
counts

وعن عبد الله بن عمرو بن العاص رضي الله عنهما عن النبي صلى الله عليه وسلم قال: "يقال لصاحب القرآن: اقرأ وارتق ورتل كما كنت ترتل في الدنيا، فإن منزلتك عند آخر آية تقرؤها".

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Tafsir (التفسير)

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ ﴿٧﴾

Word	Meaning
فَمَنْ	whoever
يَعْمَلْ	does
مِثْقَالَ	weight
ذَرَّةٍ	of an atom or small ant
خَيْرًا	of good
يَرَهُ	he will see it

So whosoever does good equal to the weight of an atom (or a small ant) shall see it.

Taddabur (التدبر)

So what do we learn from the ayah?

- Everything we do will have a weight. When we do something good, Allah will count it 10 times to 700 times to more. When we do something bad, Allah will count 1 time. No is like Allah; Allah is so Kind.

- Everything is counted – the big and small. Don't think if you do something little then it doesn't have weight, even smiling to another or giving half a date is a good deed.
- The Scale on the Day of Judgement is different from the kind of scales we see on the earth. On the earth are scales to measure food, scales to measure us, scales to measure luggage at the airport, scales to measure big items. But the Scales on the Day of Judgement can measure something as big as the heavens and the earth and it can measure someone as small as a speck.

How do we act on the ayah?

- Do good deeds, even if it's something as little as moving something out of the way so no one gets hurt.

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ ﴿٧﴾

Merging
without
Ghunna
(ادغام بغير غنة)
2 counts

Merging with
Ghunna
(ادغام بغنة)
2 counts

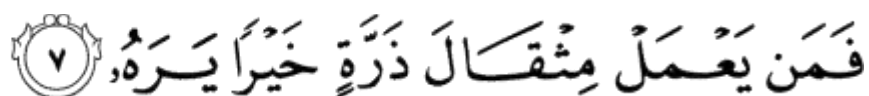
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(Riyadh As Saliheen, Abu Dawud and At- Tirmidhi, Book 9, Hadith 1001)

Practical Ways of Applying

Note to Teacher: Ask students to act out these situations. Then guide them how this action is good and what would happen if people didn't do these kind acts. Ask them, 'who will do these good acts?', 'what we can do' and 'why do we need to do good acts?'.



1. You and your cousin are helping yourself at a buffet and you come across a plate that has only one muffin left. Your cousin is right behind you and you know she loves muffins just as much as you do. You leave the muffin so that she can eat it.
2. In the school playground, since a few days, you noticed a girl who is just sitting by herself during break. She looks sad and has no friends to play with. You go to her with a smile and try to make a conversation.
3. Your mum has prepared food at home. All the people in the house are complaining that it's too salty. You know that mum worked hard to prepare the meal for everyone and so you choose not to say anything bad about the food.
4. You are at a supermarket with your mommy. A lady passes by with a baby in the stroller. As she passed by, you realized that the baby dropped her toy. You rush to pick it up and return it to the baby's mum.

5. Your dad returned from a long day's work. As soon as he steps in you greet him with a smile and say Salam.
6. Mum has prepared some food for the neighbours. You volunteer to go and deliver it to them.
7. Granddad wants to read the Qur'an/Newspaper but he can't find his glasses. You try and help him find it.
8. You enter the elevator with your family. You realized that someone is rushing to catch it. You hold the elevator so that they can enter.
9. You see some sweet wrapper on the floor. You pick it up and throw it into the bin.
10. The librarian tells you to keep quiet in the library. You follow the rules.
11. You put a bowl of water out in the balcony for the birds to drink.

وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ ۝٨

Word	Meaning
وَمَنْ	whoever
يَعْمَلْ	does
مِثْقَالَ	weight
ذَرَّةٍ	of an atom or small ant
شَرًّا	of bad
يَرَهُ	he will see it

And whosoever does evil equal to the weight of an atom (or a small ant) shall see it.

Note to Teacher: Let the students take notice of the similar ayat 7 and 8.

Taddabur (التدبر)

So what do we learn from the ayah?

- Who can remind me how many times will Allah count one bad action? One time.
- Everything is counted – the big and small. We shouldn't think 'it doesn't matter if I do something bad'.

How do we act on the ayah?

- We shouldn't lie, steal, or hurt anyone, not even the animals

Quran Recitation (التلاوة)

Tajweed (التجويد)

Memorization (الحفظ)

وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ ﴿٨﴾

Merging
without
Ghunna
(ادغام بغير غنة)
2 counts

Merging with
Ghunna
(ادغام بغنة)
2 counts

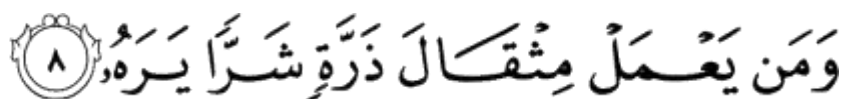
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(Riyadh As Saliheen, Abu Dawud and At- Tirmidhi, Book 9, Hadith 1001)

Practical Examples

Note to Teacher: Ask students to act out these situations. Then guide them how this action is not good and what would happen if people did such acts. Ask them, 'who will do these acts?', 'what should we stay away from?' and 'why should we stay away from bad acts?'.



1. You hid your sister's book and now she is looking for it. You pretend as though you don't know anything.
2. Mom served you your lunch. You don't like what's on your plate and you quietly throw the food into the bin.
3. Your friend had a fight with another girl and she is complaining to you about her. You listen to her story and speak badly about the girl, taking your friend's side.
4. You look down upon someone because of their appearance, color or nationality.
5. You pushed someone in the playground.
6. You lied to your teacher that you could not do your homework because you were unwell.
7. Someone is hard of hearing or stammers and you make fun of their disability.
8. You brother is scared of the dark and you switch the lights off while he is all alone in the room.

9. You are jealous of your cousin that she has the latest phone/toy and you don't.
10. You complain about your sibling/classmate to your parents/teachers so that they get into trouble.
11. You want your parents to buy you something or take you somewhere and they didn't. You misbehave (get angry) with them because you are upset.

تم بحمد الله



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www.markazalsalam.com



www.markazalsalam.com



info@markazalsalam.com



Al Salam Islamic Center



t.me/markazalsalam



t.me/dropletsofdew



[+97150 8008875](https://wa.me/971508008875)