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I ask of you no payment for it, my reward is from none but Allah.

[Qur'aan 11:29]

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وَكَانَ اللَّهُ بِكُلِّ شَيْءٍ عَلِيمًا

"... And Allah is Ever All-Aware of everything."

[Soorah al-Ahzaab 33:40]

Photo Samples

This Poster Booklet was designed by Zeynab, age 9

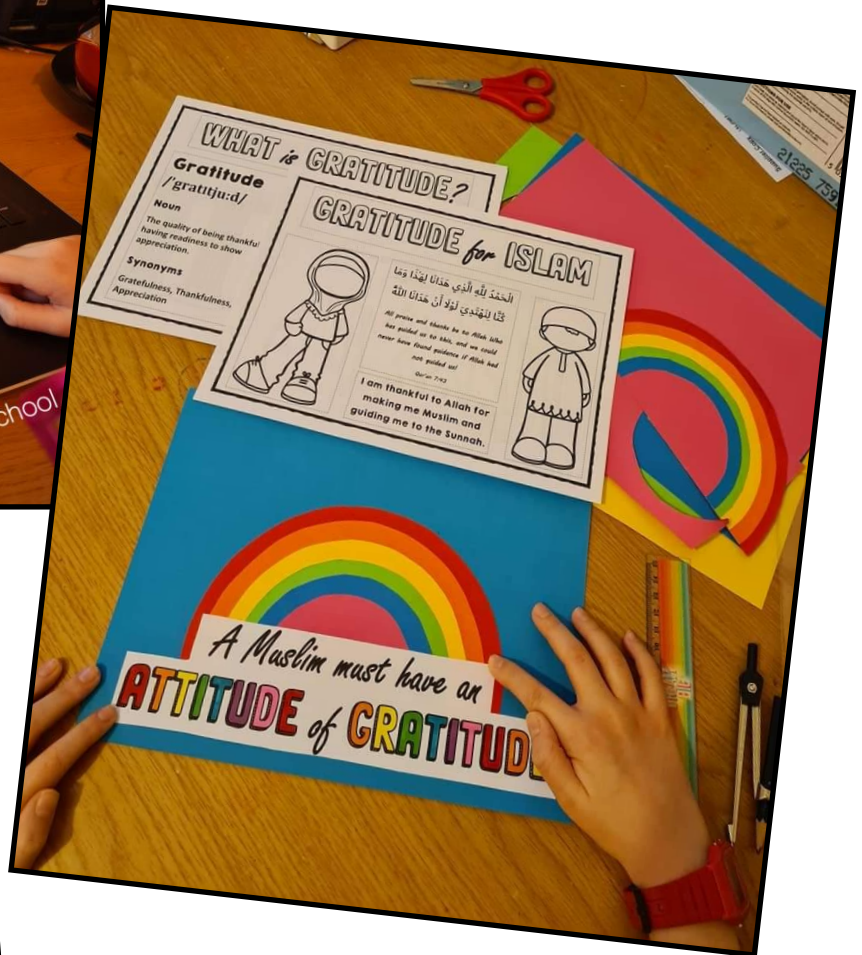
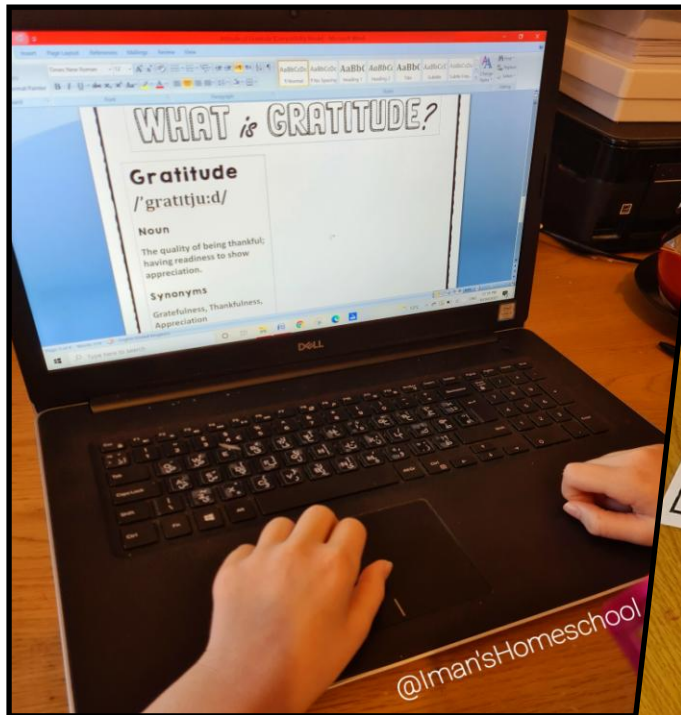


Photo Samples

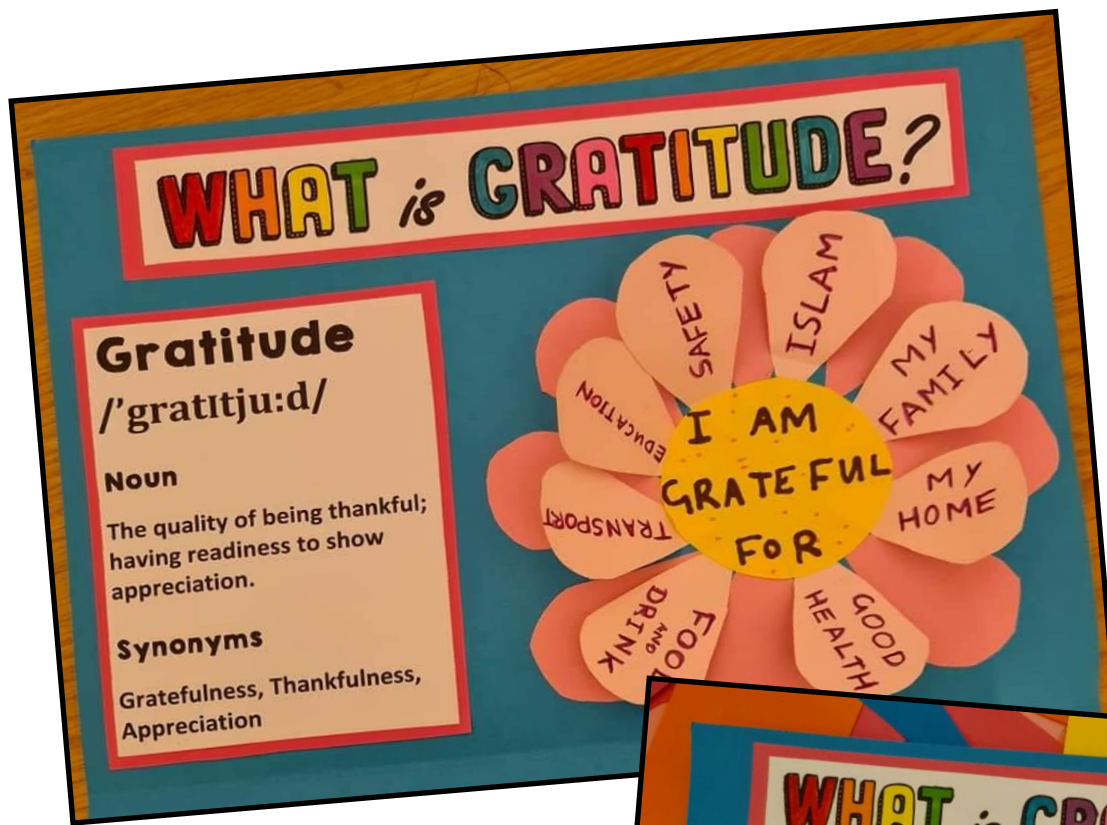


Photo Samples

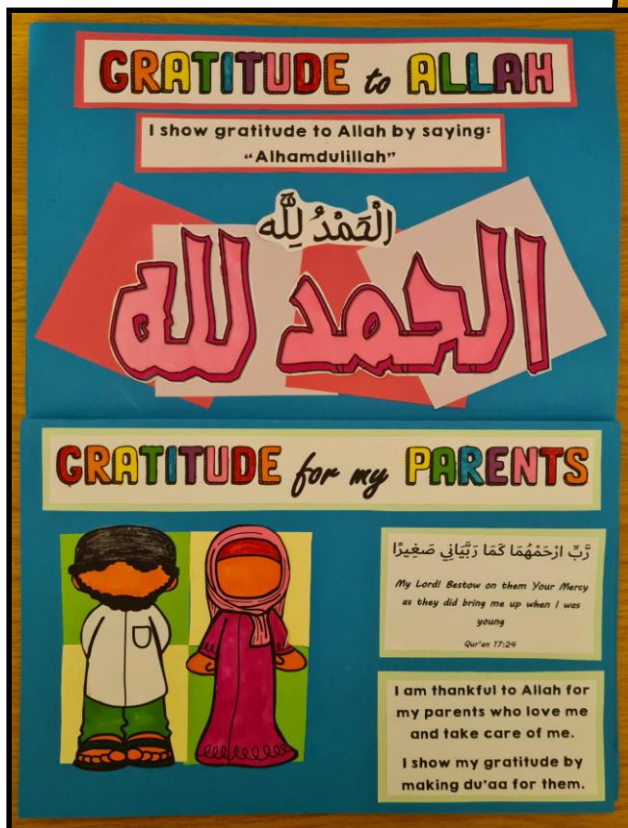


Photo Samples

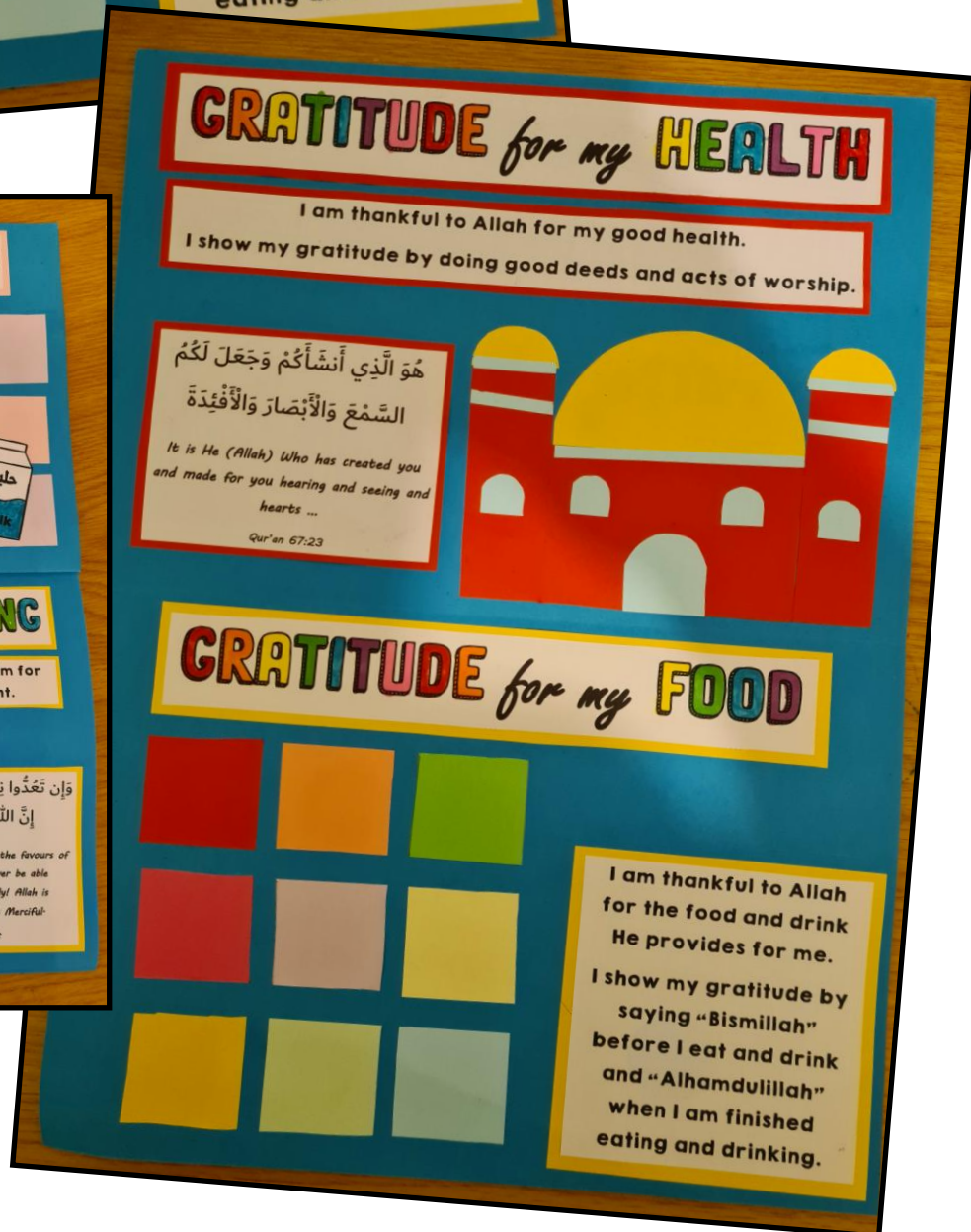
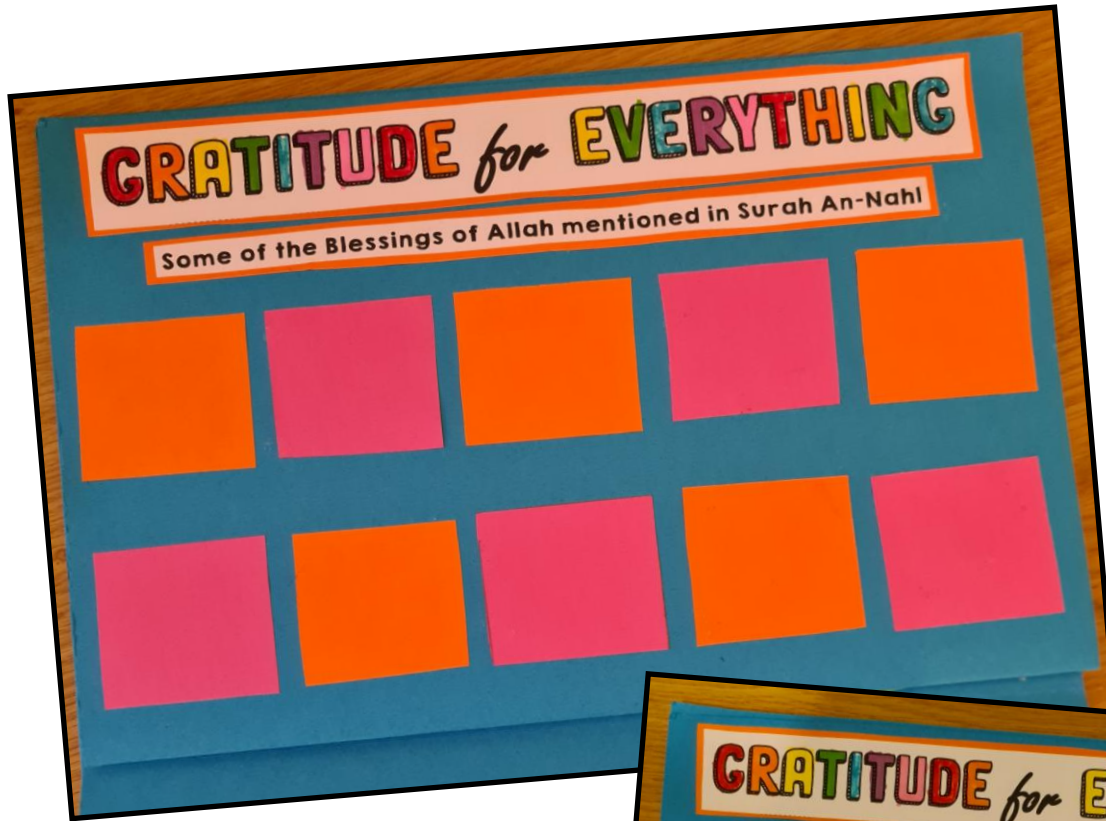


Photo Samples



A Muslim must have an

ATTITUDE of GRATITUDE

WHAT *is* GRATITUDE?

Gratitude

/ˈgratɪtju:d/

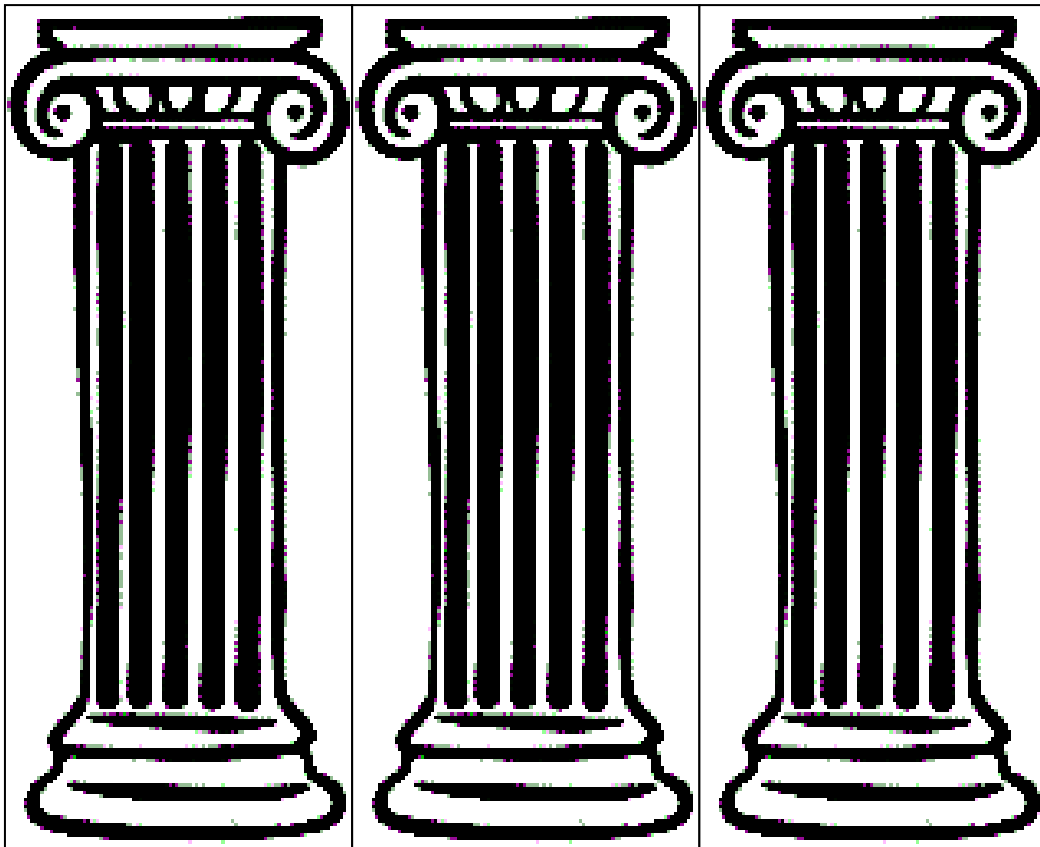
Noun

The quality of being thankful;
having readiness to show
appreciation.

Synonyms

Gratefulness, Thankfulness,
Appreciation

PILLARS *of* GRATITUDE



There are **3** Pillars of Gratitude

- 1) To acknowledge Allah's Blessings
- 2) To proclaim Allah's Blessings, to speak about them and praise Allah for them
- 3) To submit to Allah and use these Blessings to carry out acts of worship

(Shaykh as-Sa'di, Fataawa Sa'diyyah, pg 61)

GRATITUDE *in* ARABIC

From the root verb

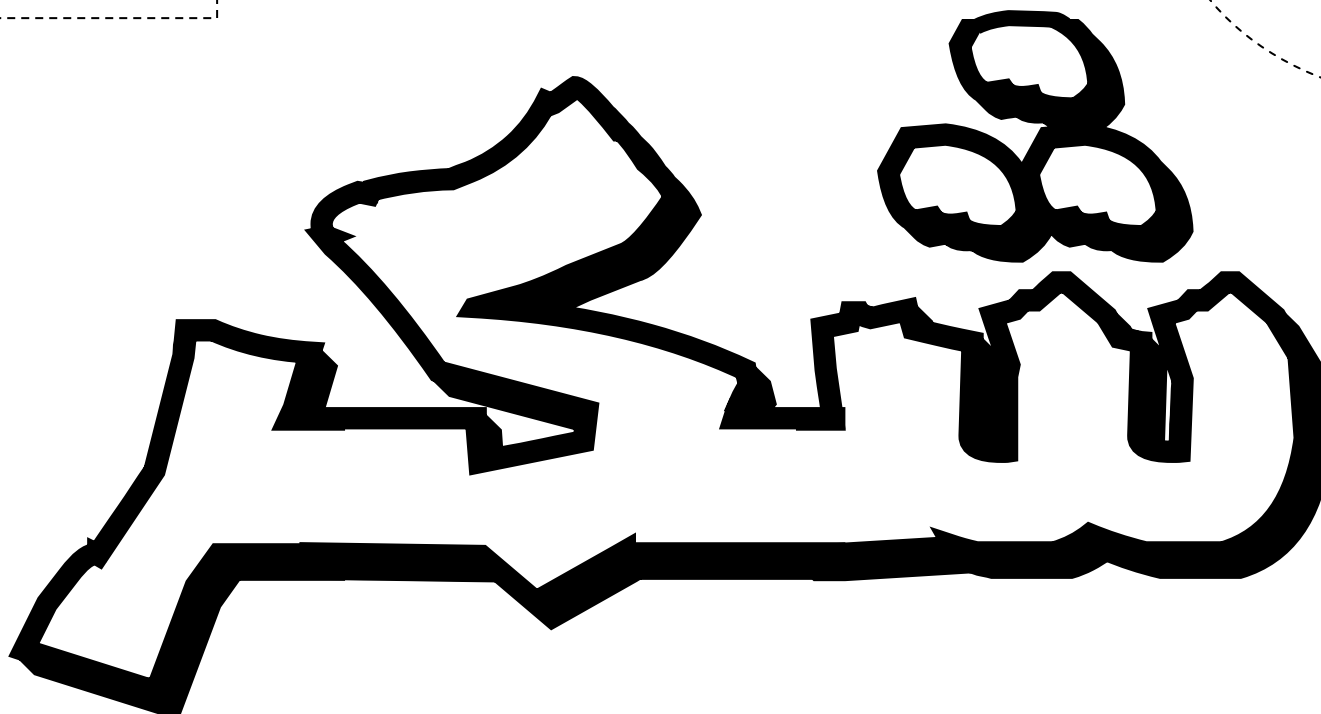
شَكَرَ

meaning "He thanked"

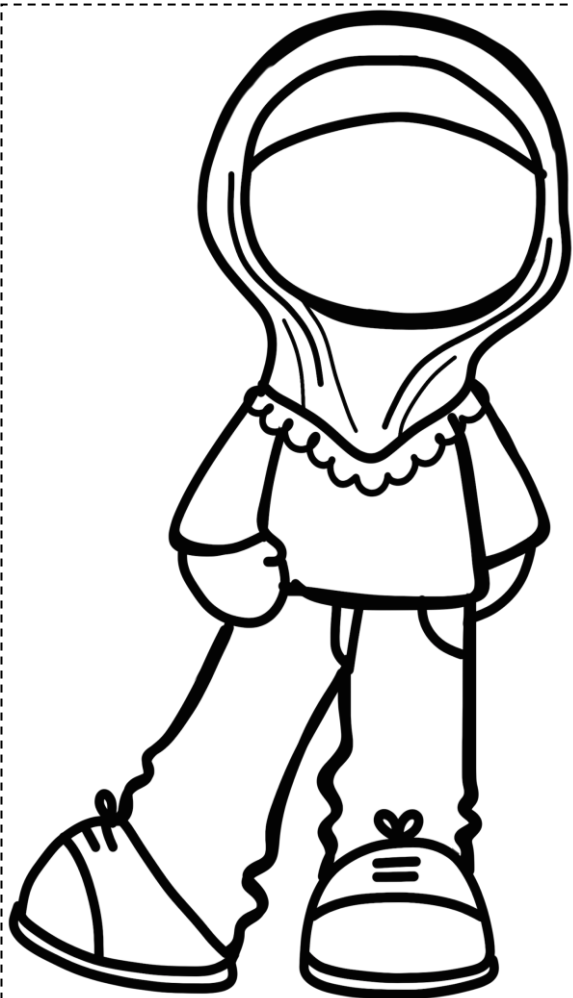
"Shukran"

شُكْرًا

"Thank you"



GRATITUDE *for* ISLAM

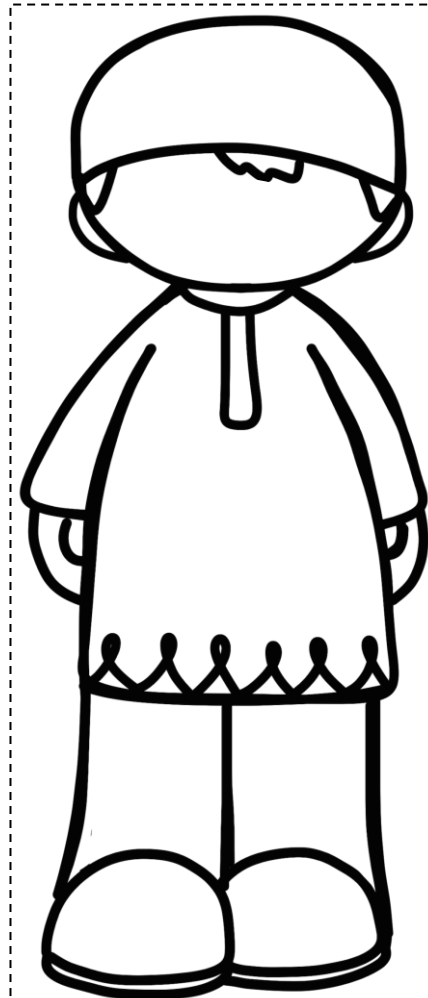


الْحَمْدُ لِلَّهِ الَّذِي هَدَانَا لِهَذَا وَمَا
كُنَّا لِنَهْتَدِيَ لَوْلَا أَنْ هَدَانَا اللَّهُ

*All praise and thanks be to Allah Who
has guided us to this, and we could
never have found guidance if Allah had
not guided us!*

Qur'an 7:43

**I am thankful to Allah for
making me Muslim and
guiding me to the Sunnah.**

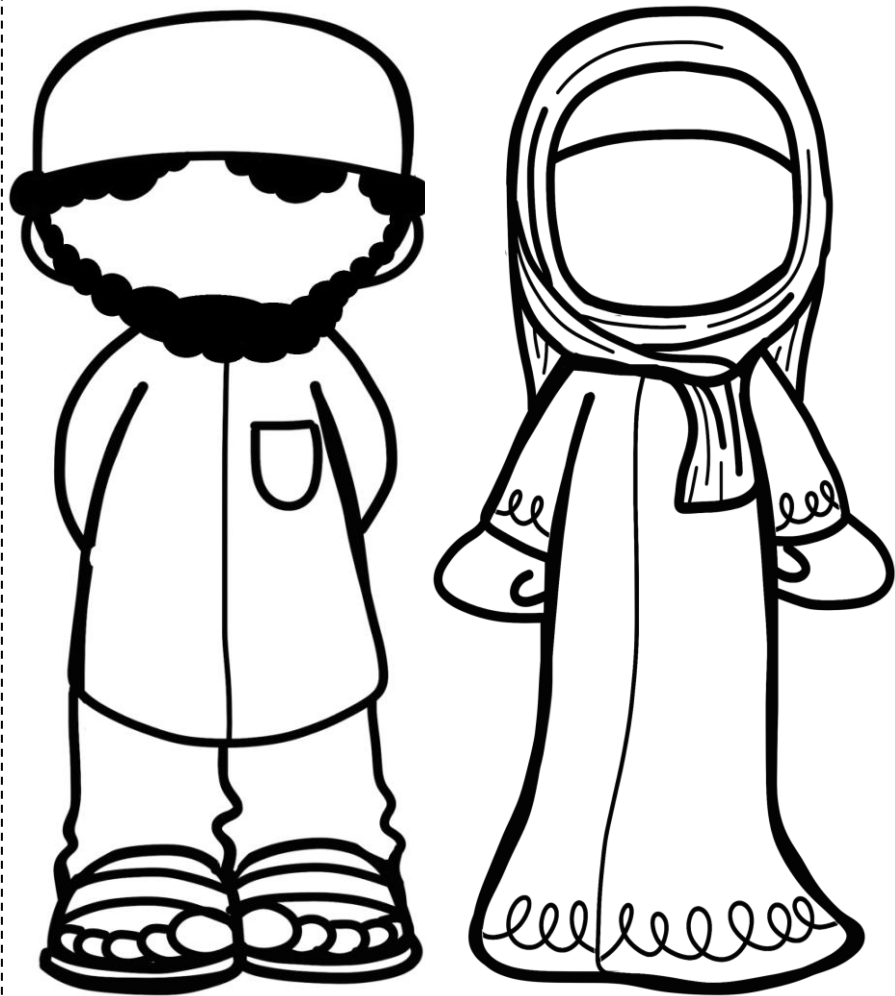


GRATITUDE *to* ALLAH

I show gratitude to Allah by saying:
“Alhamdulillah”

الْحَمْدُ لِلَّهِ

GRATITUDE *for my* PARENTS



رَّبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

*My Lord! Bestow on them Your Mercy
as they did bring me up when I was
young*

Qur'an 17:24

**I am thankful to Allah for
my parents who love me
and take care of me.**

**I show my gratitude by
making du'aa for them.**

GRATITUDE *for my* HEALTH

I am thankful to Allah for my good health.

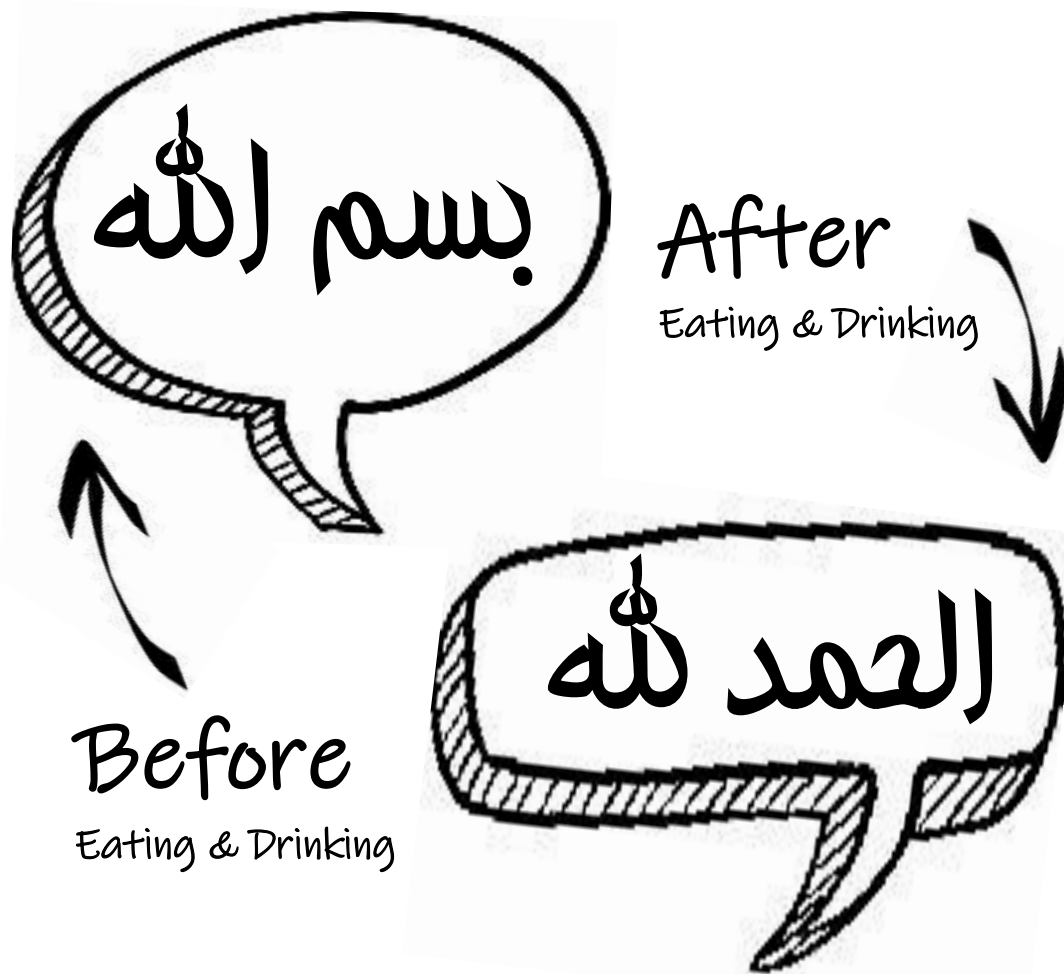
I show my gratitude by doing good deeds and acts of worship.

هُوَ الَّذِي أَنْشَأَكُمْ وَجَعَلَ لَكُمُ
السَّمْعَ وَالْأَبْصَارَ وَالْأَفْئِدَةَ

*It is He (Allah) Who has created you
and made for you hearing and seeing and
hearts ...*

Qur'an 67:23

GRATITUDE *for my* FOOD



**I am thankful to Allah
for the food and drink
He provides for me.**

**I show my gratitude by
saying “Bismillah”
before I eat and drink
and “Alhamdulillah”
when I am finished
eating and drinking.**

GRATITUDE *for my* FOOD



يَا أَيُّهَا الَّذِينَ آمَنُوا كُلُوا مِن
طَيِّبَاتِ مَا رَزَقْنَاكُمْ وَاشْكُرُوا لِلَّهِ
إِن كُنْتُمْ إِِيَّاهُ تَعْبُدُونَ

O you who believe! Eat of the good things that We have provided for you, and be grateful to Allah, if it is (truly) Him that you worship.

Qur'an 2:172

GRATITUDE *for* DAY & NIGHT

وَمِنْ رَّحْمَتِهِ جَعَلَ لَكُمُ اللَّيْلَ
وَالنَّهَارَ لِتَسْكُنُوا فِيهِ وَلِتَبْتَغُوا
مِنْ فَضْلِهِ وَلَعَلَّكُمْ تَشْكُرُونَ

*It is out of His Mercy that He has
made for you the night and the day
that you may rest therein (i.e. during
the night) and that you may seek of
His Bounty (i.e. during the day) - and
in order that you may be grateful*

Qur'an 28:73

GRATITUDE *for* EVERYTHING

The blessings from Allah are too many to count. I thank Him for those that I can count and for those that I cannot count.

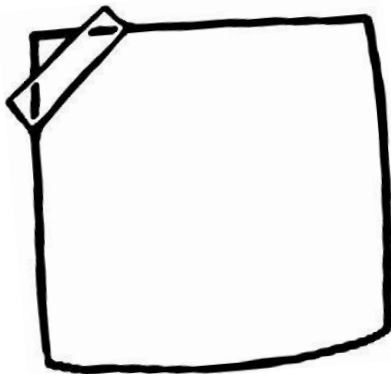
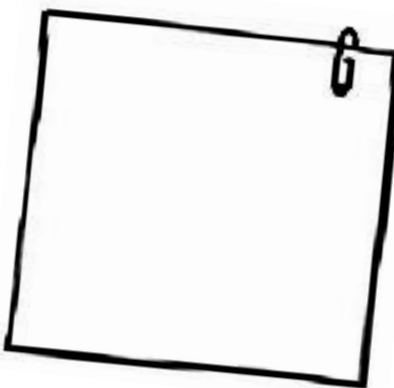
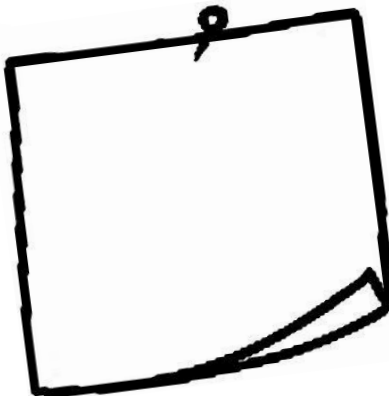
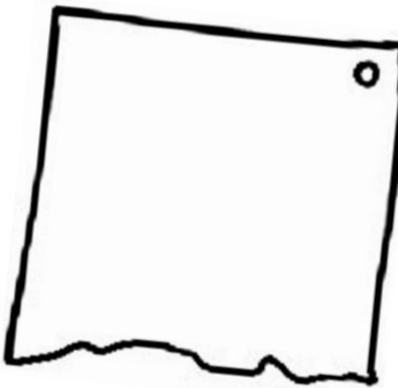
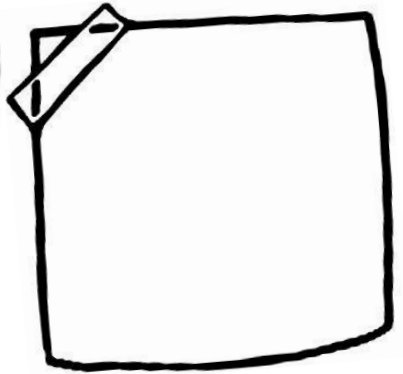
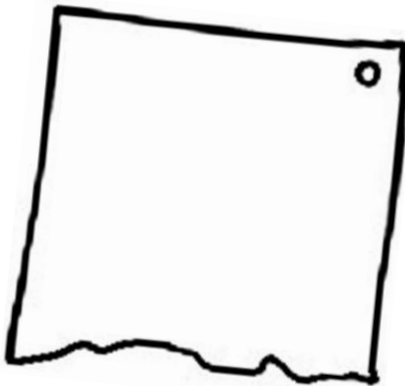
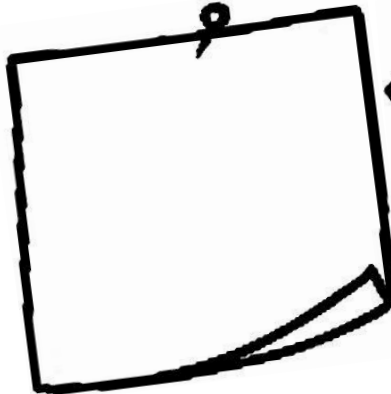
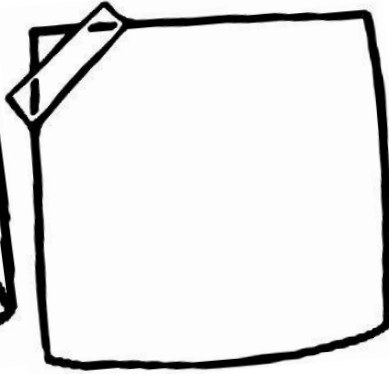
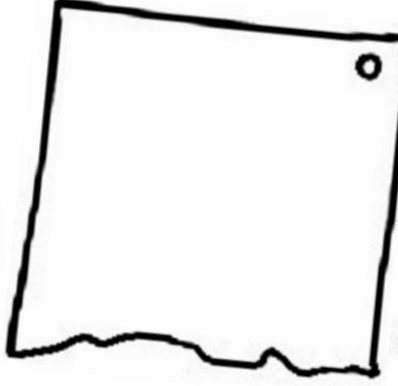
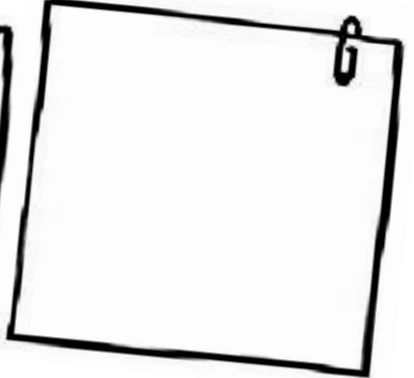
وَإِنْ تَعُدُّوا نِعْمَةَ اللَّهِ لَا تُحْصُوهَا
إِنَّ اللَّهَ لَغَفُورٌ رَحِيمٌ

And if you would count the favours of Allah, you would never be able to count them. Truly! Allah is Oft-Forgiving, Most Merciful.

Qur'an 16:18

GRATITUDE *for* EVERYTHING

Some of the Blessings of Allah mentioned in Surah An-Nahl

DU'AA for GRATITUDE

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ
وَعَلَى وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي
بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ

*My Lord! Grant me the power and ability that I may be grateful
for Your Favours which You have bestowed on me and on my
parents, and that I may do righteous good deeds that will please
You, and admit me by Your Mercy among Your righteous slaves.*

Qur'an 27:19

GRATITUDE *increases* RIZQ

لَئِنْ شَكَرْتُمْ لَأَزِيدَنَّكُمْ

لَئِنْ شَكَرْتُمْ لَأَزِيدَنَّكُمْ

If you are thankful, I will give you more.

Qur'an 14:7

AHADEETH *ON* GRATITUDE

The Messenger of Allah ﷺ said:

“Whoever does not thank people has not thanked Allah”

Sunan Abi Dawud 4811

The Messenger of Allah ﷺ said:

“Look at those below you (who are poor) and do not look at those above you (who are rich)” This is the best way to not belittle (be ungrateful for) the favors of Allah.

Sahih al-Bukhari 6490
Sahih Muslim 2963

When the Messenger of Allah ﷺ would go to bed he would say:

“All praise and thanks be to Allah Who has fed us, given us drink, sufficed us and sheltered us. How many are those who do not have enough and have no shelter?”

Sahih Muslim 2715

The Messenger of Allah ﷺ would stand in prayer until his feet were swollen. It was said to him: Why do you do this when Allah has already forgiven your past and future sins?

The Messenger of Allah ﷺ replied:

“Should I not be a grateful servant?”

Sahih al-Bukhari 1130 Sahih Muslim 2819

The Messenger of Allah ﷺ took Muadh Ibn Jabal by the hand and said:

“O Muadh, I swear by Allah that I love you! I swear by Allah that I love you!”

O Muadh, I advise you not to forget supplicating after every prayer saying:

“O Allah, help me to remember You, to give thanks to You and to worship You in the best manner”

Sunan Abi Dawud 1522

GRATITUDE *WordFind*

gratitude thankfulness indebted

grateful acknowledge recognition

appreciation obliged

e	a	p	p	r	e	c	i	a	t	i	o	n	d
g	r	d	t	y	c	e	p	o	n	e	c	b	a
t	c	a	f	g	r	a	t	i	t	u	d	e	m
h	n	p	r	e	q	d	s	l	e	h	n	o	r
a	c	k	n	o	w	l	e	d	g	e	f	k	q
n	w	l	b	k	o	d	e	j	b	v	g	e	t
k	c	a	h	u	g	r	a	t	e	f	u	l	g
f	o	r	s	m	w	g	i	l	d	k	t	q	o
u	a	r	e	c	o	g	n	i	t	i	o	n	b
l	b	g	r	a	l	r	e	t	m	r	p	s	l
n	m	o	e	v	a	e	c	j	g	t	i	o	i
e	c	s	d	h	m	l	b	s	r	a	y	v	g
s	l	i	n	d	e	b	t	e	d	c	t	q	e
s	t	r	b	z	a	u	e	m	q	o	h	a	d

GRATITUDE *Acrostic*

G

R

A

T

I

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U

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E
